

# Microdermabrasion FAQs

**Q?** Why microdermabrasion?

**A:** Approximately every 4 weeks we develop new skin layer. As the new layer forms it pushes the old dead skin cells to the surface. This can cause bumpy uneven texture, enlarged pores, clogged pores and dull skin appearance. As we age this process slows down and older skin surface will remain more distinct and less radiant. The microdermabrasion will remove the dead skin cells making your skin softer, smoother, brighter, clearer, and younger looking.

**Q?** How should I prepare for the treatment?

**A:** Seven days before the treatment discontinue using all alpha hydroxyl acid products containing glycolic, lactic acid and salicylic acid products such as retinoids (Retin A, Renova, Differin and Tazorac) and other topical acne medications such as benzoyl peroxide.

Seven days before the treatment avoid: Waxing, Tweezing, Electrolysis, Chemical peels, Laser treatments, Injections such as Collagen and BOTOX.

**Q?** When microdermabrasion is not recommended?

**A:** It is not recommended if you have skin conditions such as eczema, dermatitis, active sunburns, open sores, psoriasis, or widespread acne.

**Q?** What areas of my skin can be treated?

**A:** Any area of your body can be treated. The most common areas of treatment are the face, neck, shoulders, knees and elbows.

**Q?** Who can benefit?

**A:** Men and women of any skin type and colour. Anyone with aging, flaky, dry, devitalized, thickened, blemished, and sun damaged skin will be rejuvenated and refreshed. Blotchy and uneven skin tones will also be improved.